



# Townsend Primary School

## Breakfast Club 7.45am- 8.15am

Breakfast Club is offered to ALL pupils from Nursery to Year 6. We cater for up to 30 children per day.

Under Government guidelines we are offering healthier breakfasts. We have a 3 week menu cycle consisting the following:



Cereals (Cheerios, Weetabix, Porridge, Granola and Muesli)

Low fat fruit yoghurts, Fresh Fruit

Low fat Greek yoghurt and fruit

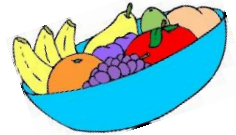
Toast with a selection of toppings, low fat spread

Turkey ham, Low sugar Baked Beans

50/50 bread, Croissants, Bagels and English Muffins

No Added Sugar Fruit squash

Fruit Smoothies, Water, Warm or Cold Skimmed Milk



We have lovely staff who look after the children from 7.45am. The children enjoy the relaxed, social atmosphere with Lily, Donovan and our cook Paul.

We offer a drop-in option for those parents who only require the occasional need of our Breakfast Club provision.

Children **MUST** arrive by 8.15am and have a school breakfast. We cannot **ONLY** offer games and activities to pupils. They must attend and take part in the whole experience. Children who arrive after 8.15am will be offered cereal only due to time constraints.

From 8.15am until 8.50am, Donovan our Sports Coach, organises games and activities for ALL the children who attend Breakfast Club.

The cost of our breakfast club is **£3.00** daily. This is £1 towards breakfast and £2 for childcare.

We feel this is offering really good value for money.

Please speak to Rose or Fatima in the office for more information.